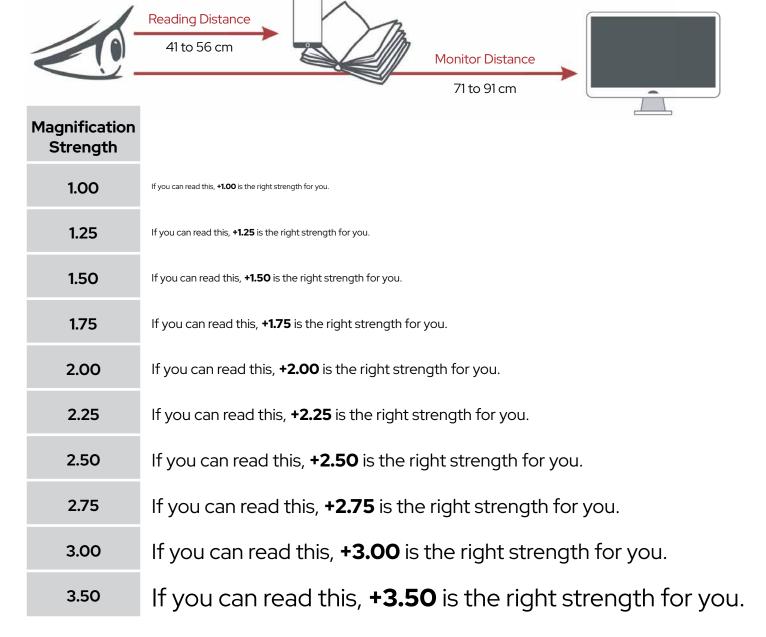# clic®

Let's find the magnification strength you need!

- Print this Strength Chart at actual (100%) size.   100% = 2.54 cm
- Hold the chart at your desired distance (see illustration below).
- Read the chart (without glasses) from the top down. Move down, line by line and when you can read a full line clearly, look at the strength listed and place your order online at clicreaders.com!

   If you suspect your eyes need different strengths, perform this test one eye at a time. First, cover one eye, and see which line is most legible. Then, repeat this process for your second eye.

- If you find yourself torn between two sets of lenses, choose the glasses with the lower power. Opting for a pair of reading glasses that are too strong can cause discomfort compared to weaker powered glasses. This can lead to feelings of nausea and dizziness.
- You might find that you require different lenses for various tasks (e.g. reading, looking at a mobile device or computer screen, etc.). If so, consider purchasing several pairs of reading glasses, each with a different strength of lens, for optimum clarity and comfort.

Reading Distance
41 to 56 cm

Monitor Distance
71 to 91 cm

Magnification Strength	
1.00	If you can read this, **+1.00** is the right strength for you.
1.25	If you can read this, **+1.25** is the right strength for you.
1.50	If you can read this, **+1.50** is the right strength for you.
1.75	If you can read this, **+1.75** is the right strength for you.
2.00	If you can read this, **+2.00** is the right strength for you.
2.25	If you can read this, **+2.25** is the right strength for you.
2.50	If you can read this, **+2.50** is the right strength for you.
2.75	If you can read this, **+2.75** is the right strength for you.
3.00	If you can read this, **+3.00** is the right strength for you.
3.50	If you can read this, **+3.50** is the right strength for you.

Choose reading glasses strength 'by age'

You may also be able to determine which strength of reading glasses you need by consulting a 'power by age table' like the one below:

Age 40-44 – Recommended power +0.75 to +1.00 strength
Age 45-49 – Recommended power +1.00 to +1.50 strength
Age 50-54 – Recommended power +1.50 to +2.00 strength

Age 55-59 – Recommended power +2.00 to +2.25 strength
Age 61-65 – Recommended power +2.25 to +2.50 strength.

The eyechart test is only one measurement of your vision and does not account for other aspects of good eye health.
We recommend that you regularly attend an eyecare specialist for proper medical detection and prevention of any serious eye conditions.
Only eyecare specialists can provide assistance with eye health and this eyechart is to be used only as a guide.
This should only be used as a basic guide to determine which strength of reading glasses you require.